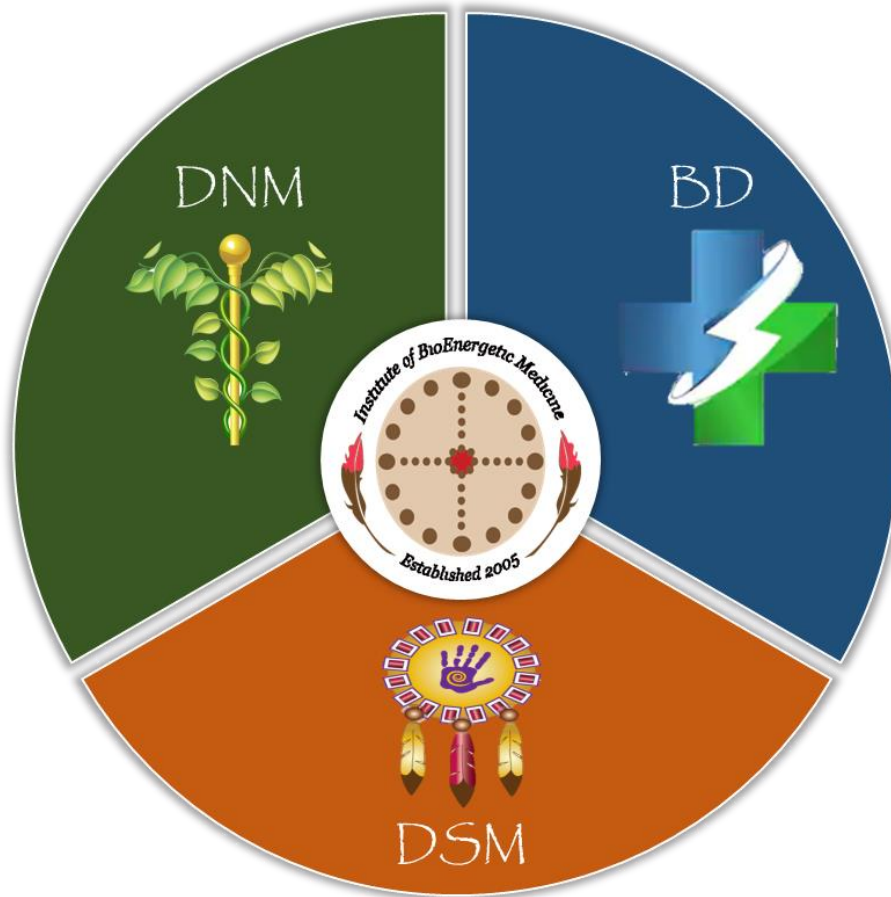




# IBEM CURRICULUM GUIDE



“Spiritual and material things are intimately inseparable. Both are divine, unified manifestations of the creator whose omnipotence, omniscience and omnipresence permeate everything from electrons, atoms, molecules, and galaxies, from microbes to human beings. Without the spiritual, there can be no healing, no medicine!” – *Dr. Edward Sullivan, MA, DC, DNM, BD, PhD*



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## IBEM - WELCOME

### WELCOME

Welcome to the Institute of Bioenergetic Medicine (IBEM)! We are a natural healing, interdisciplinary, interfaith seminary that is primarily dedicated to the spiritual principles of Native American Medicine (NAM) which includes North and South America, as well as various indigenous cultures throughout the world, and the empirical experiences of traditional Natural Doctors. Indigenous medicine strives to restore balance (homeostasis) on every level of life; body, mind, emotional, and spirit. Such traditional medicine is often called the “Natural Way” (as in traditional Native American and ancient Taoist medicine)

Our program does not include teaching the use of drugs or surgery. It includes nutrition, herbs, water, light, sound, fasting, and other natural methods of healing including meditation, visualization, trance induction, prayer, and counseling in the Natural Way.

Our seminary, therefore, includes studying similar indigenous cultural systems of Natural Medicine throughout the world such as Taoist practices, ancient Egyptian healing, Vedic healing, Persian healing, and traditional European healing, including the Western Mystery Schools of healing. All such systems embrace a wholistic spiritual foundation.

IBEM teaches Bioenergetic Medicine as a natural system of medicine based on the traditional Native American spiritual teaching that the Creator is a Divine Being of Absolute Energy and that all Creatures including humans are spirit beings of life energy or bioenergy that can become imbalanced and must be restored to natural energetic balance, to fulfill their spiritual calling and purpose.



## IBEM CURRICULUM

IBEM offers an internationally recognized doctoral degree program designed to ensure our students are well-equipped with the skills and knowledge needed to be sacred medicine, natural health and bioenergetic medicine practitioners. Our degree program includes more than 3,200 hours of didactic instruction, lab practice, research and self-study and clinical experience.

### TOTAL HOURS OF THE ENTIRE PROGRAM

*LE = Lecture; L = Lab; R/SS = Research/Self-study; CL = Clinical*

Lecture (LE)	Lab (L)	Research/Self-study (R/SS)	Clinical (CL)	TOTAL HRS	Credit Hours
474	190	2,285	310	3,259	242

Information about the curriculum contained in this catalog is current as of November 2022 and is valid through December 31, 2023. IBEM reserves the right to change, without prior notice, the curriculum, faculty, fees and policies and any other matters affecting our students.

The IBEM curricula includes:

- Auricular Certificate Program
- Biofeedback Certificate Program
- Doctor of Natural and Bioenergetic Medicine Program (DNM, BD)
- Doctor of Sacred Medicine Program (DSM)

In the curriculum you will see the following information:

- Lecture hours (LE)
  - These are the in-class/virtual class attendance hours
  - No lecture hours or lab hours assigned to the class indicates the class is to be completed outside of the in-class/virtual class schedule
- Lab hours (L)
  - These are the in-class/virtual class practicum hours
- Research/Self-study hours (R/SS)
  - These are the required self-study hours outside the in-class/virtual class schedule
- Clinical hours (CL)
  - These are the client practice hours



## CERTIFICATE PROGRAMS & FIRST YEAR PROGRAM

### AURICULAR THERAPY CERTIFICATION, 425 Hours

Program Objective: The graduate should be able to work as self-employed or contracted Auricular Therapist depending upon the various Laws of the Jurisdiction the practitioner intends to practice.

#### AURICULAR THERAPY COURSES

The IBEM Auricular Program contains six modules of intensive coursework and practicum labs to provide our students with a comprehensive Auriculomedicine experience. You will be expected to attend class two days (Saturday and Sunday) a month for six months. Upon completion of all coursework and labs each student is prepared to take the (ACI) Auriculotherapy Certification International exam offered during the IBEM class time. Students are also welcomed to take the exam on their own.

*LE = Lecture; L = Lab; R/SS = Research/Self-study; CL = Clinical*

#### FIRST YEAR COURSES

		LE	L	R/SS	CL	Total Hrs.	Credits
ORE100	Orientation – Native American Seminary	1	0	4	0	5	1
A&P100	Anatomy and Physiology ( <i>self-directed learning; student to provide proof of completion to get credit</i> )	0	0	30	0	30	2
AUR101	Introduction to Auriculoreflex Biofeedback	9	3	48	0	60	4
AUR102	History and Applications of Auriculoreflex Biofeedback	9	3	48	0	60	4



AUR103	Equipment and Applications of Auriculoreflex Biofeedback	9	3	48	0	60	4
AUR104	Modalities and Applications of Auriculoreflex Biofeedback; Including Diet, Nutrition, Oils and Basic Herbology	9	3	48	0	60	4
AUM101	Auriculomedicine: Advance Applications and Auricular Massage/Qi Gong	9	3	48	0	60	4
AUM102	Auriculomedicine: Blockages	9	3	48	0	60	4
AUR – P	Auricular Therapy Practicum <i>(This practicum is not included in contact hours)</i>	0	0	0	30	30	2
ACI EXAM	Auricular Certification Institute’s Examination Fee is \$175						
<b>TOTAL HOURS</b>		<b>55</b>	<b>18</b>	<b>322</b>	<b>30</b>	<b>425</b>	<b>29</b>

## BIOFEEDBACK THERAPY CERTIFICATE, 518 Hours

Program Objective: The graduate should be able to acquire an entry-level position, work as self-employed or contracted biofeedback therapist.

### BIOFEEDBACK COURSES

The IBEM Biofeedback Program contains four modules of intensive coursework and practicum labs to provide our students with a comprehensive biofeedback classroom experience. You will be expected to attend class three days (Friday, Saturday, and Sunday) a month for five months.

*Advanced Traditional Biofeedback Program (2<sup>nd</sup> Year)*



Upon completion of all coursework and labs each student is prepared to take the basic biofeedback diploma exam in the first year and will be prepared to take the CBP (Certified Biofeedback Practitioner) exam offered during the IBEM class time in the second year. Students are also welcomed to take the exam on their own.

Addictions Workshop is an elective class which First Year, non-doctoral students may elect to take.

## FIRST YEAR COURSES

		LE	L	R/SS	CL	Total Hrs.	Credits
ECS100	Native American Spirituality for Modern World	0	0	15	0	15	1
MOT100	Medical Terminology	0	0	45	0	45	3
BFB101	Psycho-Physiological & Allobiofeedback <i>(Traditional Biofeedback I)</i>	12	6	72	0	90	6
BFB102	Psycho-Physiological & Allobiofeedback <i>(Traditional Biofeedback II)</i>	12	6	72	0	90	6
BFB103	Psycho-Physiological & Allobiofeedback <i>(Traditional Biofeedback III)</i>	12	6	72	0	90	6
BFB104	Behavioral/Energy Psychology Workshop	12	6	72	0	90	6
BFB105	Addictions Workshop	8	4	48	0	60	4
BFB-P	Biofeedback Practicum <ul style="list-style-type: none"> <li><i>This practicum is not included in contact hours.</i></li> </ul>	0	0	0	20	20	2



- *Clinical director works with clinicians and students to set up agreements for monitoring the practicum/mini-internship effort*

CBP  
EXAM

Certified Biofeedback Practitioner Examination Fee is \$125

TOTAL HOURS    56    36    396    30    **518**    35

## PROFESSIONAL DEGREE PROGRAMS

DOCTOR OF NATURAL MEDICINE (DNM)

BIOENERGETIC DOCTORATE (BD)

DOCTOR OF SACRED MEDICINE (DSM)

DNMs prefer a vitalist Bioenergetic model. Natural Medicine is often called Vital Energy Medicine. The word medicine does not refer to drugs, but the Native American term for “power”, and is based on indigenous medicine such as that practiced by ancient cultures, including Native American medicine. It traces its history to the 12th century to Paracelsus, who is considered the “Father of Natural Medicine” who advocated using natural methods of healing to stimulate the Vital Life Force (Bioenergy) in the human body to heal itself (self-regulation). He was convinced that the best way to stay healthy was to live a simple, natural lifestyle in harmony with nature for healing.

Modern day DNMs study anatomy, physiology, pathophysiology, biochemistry, Bioenergetics, nutrition, exercise, herbals, homeopathy, various mind, and body techniques such as mediation, and visualization, affirmations, the use of sound, and light (especially sunlight and full spectrum light), traditional biofeedback, relaxation techniques, breathing exercises, and reflex techniques, as well as light percussion, nutrition, herbals, Voll technology, and professional ethics. Natural medicine places importance on “Nature relatedness” and “Nature connectivity” and sees many health imbalances as a “Nature deficit syndrome”.

Natural Medicine sees Bioenergetic imbalances as determining factors such as poor mental health behavioral excesses, toxins, physical excesses, as well as deficiencies. The main determining factor is often spiritual, as in violating a spiritual principle resulting in guilt, such as





lying, cheating, stealing, unfaithfulness, lack of purpose in life, lack of community involvement, lack of connectivity to nature, or to a higher power than oneself.

The emphasis on the spiritual determining cause of illness is somewhat unique to DNM, most of whom are also often ordained clerics with a ministry in natural healing methods. In fact, most DNM claim a divine or religious right to practice natural medicine and cite the Holy Scriptures as the basis for that religious right, noting that there are over 600 scriptural verses that mention herbs or herbal oils, given to humanity, for healing by God; Ezekiel 47:12; Revelations 22:2. Even Auricular Therapy is mentioned in the Bible, Leviticus 14:17.

*(Dr. Stewart BS, DNM, an ordained minister, and author of “The Healing Oils of the Bible”).*

Bioenergetic imbalances are seen as causing either too much energy or not enough energy in certain areas of the body. The goal of the DNM is to help the client to self-regulate such energy. DNM are taught to refer and work with other healthcare practitioners, and to not represent who they are as anything but a DNM.

The DNM is a recognized healthcare practitioner throughout the world, including by WHO and is not to be confused with the ND, or NMD. NDs seek licensure by states, and DNM prefer not to be licensed.

All Doctoral candidates must complete the first year of the Auricular and Biofeedback programs. They must also complete and pass the Auriculotherapy Certification International (ACI) exam and Diploma Basic Biofeedback practitioner exam before being eligible to continue into the second year of the doctorate program.

It is important to note that our program is dynamic. We will add and remove courses as needed to stay current with evidence-based science in natural health.

NOTE: The second year also leads to the advanced level of Traditional Biofeedback and the Certified Biofeedback Practitioner (CBP) exam.

Each year IBEM in the month of October, unless otherwise posted, presents an educational symposium and workshop that offers continuing educational training to both graduates of IBEM and students in Medicine Way and Voll technology including new advanced information, and other subject matter determined by the IBEM Board of Directors.



For those who attend this event each year for three years, and those who pass the final exam, will receive a certificate issued by IBEM in “Clinical Competency in the Medicine Way and Voll technology”.

Please note: Starting in 2023, the Fall Symposium will be required for every student to attend whether you are local or at a distance. We will make special accommodations for our International students if traveling is not an option.

During the Fall Symposium will be conducting a “Skills Blitz” which is your opportunity to demonstrate your skill level and receive developmental feedback. If you are unable to attend the “Skills Blitz”, then you will be expected to complete an online practicum.



# IBEM DOCTORATE PROGRAM CURRICULUM

## SECOND YEAR COURSES

		LE	L	R/SS	CL	Total Hrs.	Credits
NMBD201	Native American Spirituality Teaching: Stellar Medicine	8	4	32	0	44	4
NMBD202	Native American Herbalism	6	0	24	0	30	2
NMBD203	Biocybernetics Medicine I	4	2	16	0	22	2
NMBD204	Biocybernetics Medicine II	4	2	16	0	22	2
NMBD205	Advanced Biofeedback	4	2	16	0	22	2
NMBD206	Bioenergetic Medicine I: Theory in Quantum Physics	6	0	24	0	30	2
NMBD207	Bioenergetic Medicine II: Bio- Resonance Therapy	3	6	12	0	21	2
NMBD208	Biomeridian Balancing, Ryodoraku	3	3	12	0	18	2
NMBD209	Advanced Ryodoraku and Auriculoreflex Evaluation	2	7	6	0	15	2
NMBD210	Aromatherapy (Sacred Smoke)	12	6	48	0	66	4
NMBD211	Chemistry of Essential Oils	9	0	36	0	45	3
NMBD212	Spagyric Medicine	2	4	8	0	14	2
NMBD213	Traditional Western Herbal Medicine I	10	2	40	0	52	4



NMBD214	Traditional Western Herbal Medicine II	6	0	24	0	30	2
NMBD215	Body Signs I	4	2	16	0	22	2
NMBD216	Body Signs II	4	2	16	0	22	2
NMBD217	Iridology	12	6	48	0	66	4
NMBD218	Holistic Anatomy & Physiology	24	0	96	0	120	8
NMBD219	Biochemistry	18	0	72	0	90	6
NMBD220	Qi Gong Medicine	2	7	8	0	17	2
NMBD221	Rebounding Therapy	1	5	4	0	10	2
NMBD222	Energy Psychology	8	1	36	0	45	3
NMBD223	Auricular Therapy and Mental Health	8	1	36	0	45	3
NMBD224	Advanced Auricular Therapy	8	1	36	0	45	3
<b>TOTAL HOURS</b>		<b>168</b>	<b>63</b>	<b>682</b>	<b>0</b>	<b>913</b>	<b>70</b>


**THIRD YEAR COURSES**

		LE	L	R/SS	CL	Total Hrs.	Credits
NMBD301	Science and Art of Prayer & Sacred Ceremony	3	3	12	0	30	2
NMBD302	Indigenous Spiritual Sound and Healing	3	3	12	0	30	2
NMBD303	Medicine Wheel: Practicing Sacred Medicine	3	3	12	0	30	2
NMBD304	Biocybernetics Medicine III	4	2	16	0	30	2
NMBD305	Biocybernetics Medicine IV	4	2	16	0	30	2
NMBD306	Bioenergetic Medicine III: Lecher Antenna	3	3	12	0	30	2
NMBD307	Classic Homeopathy	20	4	80	0	120	8
NMBD308	Natural Medicine: Theory and Principle I	10	2	40	0	60	4
NMBD309	Medical Herbalism I	6	6	24	0	60	4
NMBD310	TCM Practice: Cupping/Gua Sha	1	2	4	0	15	1
NMBD311	Asian (TCM) Herbal Medicine	18	0	72	0	90	6
NMBD312	Holistic Nutrition	16	2	64	0	90	6
NMBD313	Pathophysiology	10	2	40	0	52	3
NMBD314	Cranial Sacral Therapy	24	10	96	0	130	8



NMBD315	Hypnotherapy	1	2	4	0	7	1
NMBD316	Body Signs III	2	4	8	0	14	1
NMBD317	Traditional Western Herbal Medicine III	6	0	24	0	30	2
NMBD318	Holistic Mental Health Counseling	4	2	16	0	22	2
NMBD319	Natural Health and Wellness Counseling	4	2	16	0	22	2
NMBD320	Materia Medica for Master Herbalist <i>(This course is not included in contact hours)</i>	0	0	45	0	45	3
<b>TOTAL HOURS</b>		<b>142</b>	<b>54</b>	<b>583</b>	<b>0</b>	<b>779</b>	<b>64</b>

#### FOURTH YEAR COURSES

		LE	L	R/SS	CL	Total Hrs.	Credits
NMBD401	Native American Ministerial Counseling	6	0	24	0	30	2
NMBD402	Native American Sacred Healing Practice	6	0	24	0	30	2
NMBD403	Sacred Medicine Practitioner	3	0	12	0	15	1
NMBD404	Natural Medicine (Theory and Principle) II	10	2	40	0	52	4
NMBD405	Medical Herbalism II	9	3	36	0	48	3



NMBD406	Spondylotherapy I	6	0	24	0	30	2
NMBD407	Spondylotherapy II	2	10	8	0	20	2
NMBD408	Laser and Magnetic Therapy	4	2	16	0	22	2
NMBD409	Patient Management	4	2	16	0	22	2
NMBD410	Professional Code of Ethics/ Business Marketing	3	0	12	0	15	1
NMBD411	Clinical Placement/Internship/ Practicum <i>(This is outside scheduled class hours)</i>	0	0	0	250	250	17
NMBD412	Natural/Bioenergetic Doctoral Dissertation <i>(This is outside scheduled class hours)</i>	0	0	90	0	90	6
<b>TOTAL HOURS</b>		<b>53</b>	<b>19</b>	<b>302</b>	<b>250</b>	<b>624</b>	<b>44</b>

The Institute of Bioenergetic Medicine (IBEM) provides a comprehensive educational experience in natural health and wellness through evidence-based teaching and practices that combine the most recent scientific evidence with the oldest of spiritual healing traditions.

On behalf of the Board of Directors, Advisory Board Members, and Faculty, we welcome you to our program and wish you well on your learning journey!